

Bowenwork® Module 7 Class.

You are invited to attend a Module 7 class and earn your Accredited Bowenwork Practitioner Certificate. **Module 7** consists of an assessment of all the practical procedures that you have learned in Modules 1 through 6. You will be asked to demonstrate combinations of procedures, unassisted by your textbooks, so that your assessing instructor can evaluate your competency in performing Bowenwork. You will also need to pass a written assessment, based on the theory and practice of procedures taught in Module 6, at a minimum of 80%. **In return**, you will enjoy learning more about refining your work, under Sandra's guidance.

Sandra Gustafson BSN, RN, has been a Bowenwork instructor since 1994. Originally from South Africa, she moved to Australia, where she learned Bowenwork with Ossie and Elaine Rentsch. She has been using it extensively in her nursing and naturopathic practices since 1992. She married and moved to Northern California in 1999, where she now lives and has her naturopathic practice.



Venue:

**Fair Oaks Bowen Therapy
8035 Madison Avenue, Suite A3
Citrus Heights, CA, 95610**

| <u>Module</u> | <u>Class Date</u> | <u>Time</u> | <u>Register by</u> |
|----------------------|----------------------------------|--------------------|---------------------------|
| Module 7 | September 8 & 9, 2012 | 9am - 6pm | August 17, 2011 |

Cost: Module 7: \$450 (Check, cash or money orders only)

Sandra can be contacted at: msgdstuf@sonic.net or Phone: 707 548 3988 or www.bowenworkforlife.com

Please read the Preparation for Module 7 attached.

If you have copies of your CPR card, transcripts of a minimum of 100 hours of Anatomy & Physiology, and 20 hours business experience, please bring these (as a unit) to the Module 7 class.

Bring light, loose clothing such as a T-shirt and pair of shorts to wear whilst on the table. If you can bring a massage table, please bring a couple of towels or sheets for draping purposes. Short, clean fingernails are a must! It will be greatly appreciated if you can provide a model to work on for the assessment, (and easier for the students)! Light refreshments will be provided. Lunch will be your own responsibility.

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Module 7 Application:

Send this form by mail to:

Sandra Gustafson

P.O. Box 674

Bodega Bay, 94923, CA

Include a deposit of \$150. Pay by check or money order payable to: Sandra Gustafson.

I can provide a massage table: Yes/No

I can provide a model to work on: Yes/No

Dates attending: **September 8 & 9, 2012**

Name: _____

Address: _____

City, zip: _____

Phone: _____

Email: _____

Information on Bowenwork® Classes:

1. Please be aware that Bowenwork® is demonstrated and practiced on the students who attend the classes. To ensure the safety of class participants as the work is being practiced, close supervision is maintained by the instructor. If you have any health problems that may be affected by being worked on, please advise the instructor before the class commences.
2. We recommend that you bring light, loose clothing to each class so that it is easy for the instructor and the students to palpate anatomical locations on the body. Shorts and T-shirts are recommended, and please wear suitable underwear!
3. For hygiene and comfort, please bring your own sheets/drapes/towels that can be placed on the tables whilst you are being worked on. Flannel sheets, a pillowcase and light blanket will keep you warm!
4. Please ensure that your nails are short and clean, as you will be contacting other students' skin in some procedures.
5. It is advisable to bring your own water to ensure adequate hydration. Snacks may be provided - lunch is your own responsibility.
6. Please remember to bring your manuals, Student Attendance Record and your Logbook hours sheets.
7. A deposit of **\$150** made to **Sandra Gustafson** must be received by **August 17, 2012**, in order to register for the class. The remainder of the class fee must be paid before or on the first day of the class.
8. **Please note our cancellation policy:**
 - Deposits are non-refundable unless the instructor cancels the class, in which case the instructor must give students at least two weeks notice. If the instructor cancels the class, he or she returns the student's deposits.
 - If a student notifies the instructor of non-attendance at least 48 hours before a class, the instructor may credit the deposit toward another class. Failing to give the required notice forfeits the deposit. Credits will be honored for a period of one year from the date of the original class.
 - In order to avoid extra expense in case the instructor cancels a class, we strongly recommend that students purchase changeable or refundable airline tickets or other travel arrangements.

Module 7 Content and Preparation Notes:

Here is an outline of what to expect for the Module 7 class.

Be prepared for a written test on the Module 6 material. The test will focus on knowledge that cannot be demonstrated, such as protocols for bedwetting, buttock pain, perineum, assisting conception, etc. Answers will not require Latin names of anatomy locations.

Hands-on demonstration of all procedures learned in Module 1-6. Location, direction and quality of the moves and knowing when the mandatory pauses occur, will be assessed. This includes Perineum, 5A/7A Medially, Cramp, Bed Wetting, etc. During assessment, you will not be able to refer to your notes or talk with partners, other than what is required for specific procedures.

No review will be given on the day of assessment before procedures, but some review may be covered afterward, as time allows.

Know the Prerequisites and Indications for Use for each procedure.

WHAT TO BRING TO CLASS

- A couple of pens and notepad
- Water bottle for drinking lots of fluids
- Fingernail clippers and a nail file, in case your fingernails need extra trimming or you develop a rough edge
- A towel/blanket for draping and staying warm while on the table.
- Any special items for comfort e.g. pillow, extra blankets/drapes. Socks for warm feet!
- If possible, it would be ideal for you to work on a model, so that you do not get worked on during the assessment. Please try to arrange for one or more people to be available for you to work on for the 2-day assessment. If you are unable to bring a model, be prepared that another student may work on you.
- The models will be required from 9am – 1pm on Saturday morning, after lunch from 3pm to 5:30pm on Saturday afternoon, and then from 10am – 1pm (approximately) on Sunday.
- Ask the models to wear light, loose clothing such as shorts and tee-shirts that can easily be moved around to observe the skin/muscle structure beneath the clothing, and to please wear appropriate underwear.

Please submit the following accreditation documents (only if ALL requirements are completed), COPIES ONLY. If not complete, send them as a whole to your Module 7 instructor at a later date:

1. 100 minimum hours A & P course transcripts (showing hours, not just credits). If your school only gives credits on the transcript, please include a cover letter from the school as to the hours represented by the credits.
2. Current CPR certificate
3. Paragraph on business experience or copy of business license --
Something to indicate that you are able to run a practice professionally, keep books, pay taxes, advertise ethically, etc.

We also encourage you to submit a short article for publication in Bowen Hands, such as a case study, or observations on your experiences as a student of Bowenwork, or a testimonial from a client with details of their condition and response, along with your notations as to your treatment protocols. It can be as short as a couple of paragraphs, or as long as a page.

I look forward to meeting and working with you soon!

Best wishes,

Sandra Gustafson!